

How To Make A Shy Girl Comfortable

Here are some tips to make a shy girl feel comfortable and open up in your presence:

- When talking to her, avoid asking her not to be shy. They may be hesitant to make eye contact, so avoid bringing that up, too.
- Aggressive body language and being too touchy can turn them away. Ensure open body language, such as keeping your arms uncrossed, soft eye contact, or positioning your feet in her direction. Mirroring her gestures may also be helpful.
- Take it slow. Shy girls are often less talkative and take time to open up. Be patient and comfortable with moments of silence. Try building a friendship by slowly increasing the time you spend with her.
- Allow her to express herself freely without judgment. Let her speak her mind whenever she wants to without judging her for her views and opinions.
- Try texting more, as frequent meetings and direct conversations may make her anxious and self-conscious.
- Take a lead when planning dates with her. Shy people are often more open to suggestions than making a decision in the initial stages.
- Make sure you meet her one-on-one and do not force her to attend group or family events initially.

Source:

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